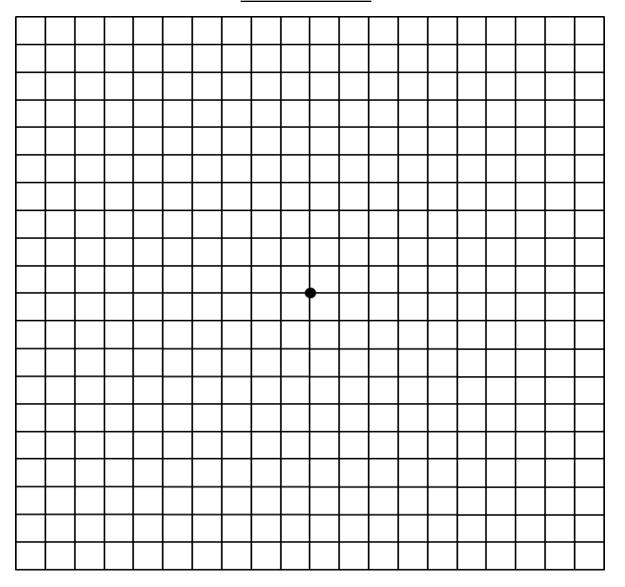
## **AMSLER GRID**



- Test your eyes under normal room lighting used for reading. You will be testing each eye separately.
- Hold the grid at a comfortable reading distance about 14 to 16 inches from your eyes.
  - Wear eyeglasses if you normally use reading glasses.
- Keep your eye focused on the dot in the center of the grid and answer these questions:
  - o Do any of the lines in the grid appear wavy, blurred or distorted?
  - o Do all the boxes in the grid look square and the same size?
  - o Are there any "holes" (missing areas) or dark areas in the grid?
  - o Can you see all corners and sides of the grid (while keeping your eye on the central dot)?
- Switch to the other eye and repeat.

IMPORTANT – Report any changes to your eye doctor immediately: Mark areas of the chart you're not seeing properly and bring it with you when you visit your doctor.

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